

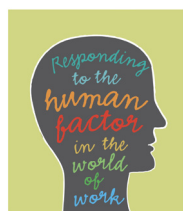
# 23

## Things to Do at Home During the Coronavirus



Here are some tips to inspire your creativity when social distancing:

- 1 Rediscover the music collection
- 2 Institute family game night
- 3 Get to that spring cleaning
- 4 Gather old clothes for donation (or cut them into rags)
- 5 Research online classes
- 6 Learn a new language online
- 7 Read books and magazines
- 8 Do a jigsaw puzzle
- 9 Play cards, board games, video games
- 10 Cook or bake old faves or new recipes
- 11 Watch movies or new programming
- 12 Create a new exercise routine
- 13 Enjoy nature
- 14 Make phone calls
- 15 Write a gratitude letter
- 16 Email, text, facetime or video chat loved ones
- 17 Start journaling
- 18 Finish that photo album or scrap book
- 19 Practice meditation on a regular schedule
- 20 Give the dog a bath
- 21 Paint a room or a small canvas
- 22 Redecorate the bathroom
- 23 Hold regular home-based spa days



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