



23 Reasons to Call Your EAP

- 1 It's FREE! No money comes out of your paycheck.
- 2 It's confidential- No one will know that you called Claremont unless you tell them.
- 3 Accessing Claremont is EASY: No forms, no co-pays, no deductibles. Just one toll free number.
- 4 Be proactive about your life!
- 5 You get free counseling sessions with a licensed clinician in private practice.
- 6 Counseling can be for individuals, couples and families.
- 7 FREE legal consultations!
- 8 You can do a Simple Will for FREE.
- 9 FREE financial consultations!
- 10 Concerned about your credit report information or score? Schedule a consultation to resolve any issues.
- 11 Get your life organized!
- 12 Looking for child care services? Claremont will generate a customized report for you, with a listing of appropriate services and other helpful written information.
- 13 Same with elder care services- Claremont provides nationwide referrals and customized reports.
- 14 Need help choosing a public or private school for your child? Claremont can help you do the research.
- 15 Feel overwhelmed by the college search process? Claremont can help you research undergraduate and graduate programs, including financial aid.
- 16 Claremont provides nationwide referrals for adoption attorneys, agencies, infertility specialists, and support groups.
- 17 Do you care for a pet? Claremont offers referrals for pet services such as vets, groomers, boarders, animal hospitals and pet sitters.
- 18 Looking for a low or no cost community resource? Claremont provides referrals to 12-step meetings, inpatient and outpatient treatment facilities, and more. Just call.
- 19 Be prepared for whatever comes up.
- 20 Manage your stress-at work and at home.
- 21 All benefited employees and their family members in the immediate household are eligible.
- 22 Video Counseling. See and speak with a counselor from the privacy of your home.
- 23 It's FREE and CONFIDENTIAL- why not call?



Call toll-free, 24/7
800-834-3773
claremonteap.com