



Claremont EAP can help with:

- Marital/Relationship issues
 - Parenting/Family concerns
 - Substance abuse
 - Depression
 - Anxiety
 - Stress
 - Work concerns
 - Legal issues
 - Financial matters
 - Work-life referrals
- ... and other personal concerns

- Licensed professional staff
- Day and evening appointments
- Assurance of confidentiality

Some services are not covered under your policy. Claremont EAP can help you determine if these exclusions apply to you.

The following services are excluded:

- Any service that is not pre-authorized.
- Care or treatment due to a work related condition to the extent a covered person is also eligible for payments under workers' compensation or a similar law.
- Counseling rendered by any provider other than a participating provider.
- Court ordered counseling.
- Child custody determinations.
- Psychological testing.
- Failure to give 24-hour notice of cancellation will result in forfeiture of the covered visit.

Pre-authorization by Claremont is required prior to receiving services.



For more information or confidential help, contact **800-834-3773**
claremonteap.com

TTY for Deaf/Hearing impaired callers
call 800-267-1627

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Helping you be your best.



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**Employee
Assistance
Program**

Why this service?

Personal concerns can impact your work performance and overall functioning. The Employee Assistance Program (EAP) helps you resolve personal issues before they become more serious and difficult to manage. You and your family members can receive professional, confidential counseling at no cost. The EAP also provides access to resources that can help you address virtually any personal concern or question.

Who provides the EAP?

Claremont is a firm of select professionals who can help you with life's challenges. You will be referred to a conveniently located counselor or resource with expertise in your area of concern.

Who will know?

The EAP is a confidential service. Claremont understands the importance of maintaining your privacy. Your involvement with Claremont is afforded the maximum confidentiality permitted under the law.

At what cost?

There is no cost to you or your covered dependents for EAP services. Ongoing counseling and other services are available at discounted rates.

What's the first step?

Call **800-834-3773** to discuss your question or issue with an experienced counselor who will refer you to the resources most appropriate for your needs.

Claremont EAP services include:



Counseling visits

The EAP offers free short-term counseling visits for almost any personal issue. Our staff will work with you to find the most appropriate counselor to meet your needs.

- Marital/Relationship issues
- Parenting/Family issues
- Work concerns
- Depression
- Anxiety
- Stress
- Substance abuse
- Other issues impacting your quality of life



Work/Life referrals

Our Work/Life consultants can provide you with referrals and information for services such as:

- Child care
- Elder care
- Pet care
- Adoption assistance
- School/College assistance
- Health and wellness
- Convenience referrals



Confidentiality

Claremont understands the importance of protecting your confidentiality. Your involvement with Claremont is afforded the maximum confidentiality permitted under the law.



Legal consultation

Attorneys are available to answer your legal questions, either in-person or over the phone. We provide up to 30 minutes of free consultation per incident. On-going services, if required, are offered at a 25% discount. The EAP can assist with legal issues such as:

- Divorce
- Child custody
- Real estate Personal injury Criminal law
- Free simple will kits



Financial consultation

The EAP offers 30-days of access to a financial expert on a variety of important financial issues, including:

- Budgeting
- Debt management
- Financial planning
- First time home buyer program
- Tax questions
- Identity fraud service
- Credit report review



Call Claremont at
800-834-3773
claremonteap.com